

## BEVERAGES

|                                 |      |
|---------------------------------|------|
| Mango and Ginger Ice Tea        | 5.90 |
| Velvet Berry Ice Tea            | 5.90 |
| Peach and Passionflower Ice Tea | 5.90 |
| Føijoa and Lime Blossom Ice Tea | 5.90 |
| Lemon and Mandarin Ice Tea      | 5.90 |
| Nakula Organic Coconut Water    | 5.90 |
| Water                           | 4.0  |

## SMOOTHIES

### SUPER WALRUS

|  |    |
|--|----|
| Honey, frozen banana, milk, chia seeds, cacao powder, yoghurt, cinnamon, ice | .9 |
|--|----|

### WALRUS GREEN

|   |    |
|---|----|
| Kale, acai, blueberries, apple juice, banana, ice | .9 |
|---|----|

### RAW PROTEIN

|   |    |
|---|----|
| Milk, almonds, frozen banana, yoghurt, protein powder, chia seeds, honey, ice | .9 |
|---|----|

### ANTIOX

|   |    |
|---|----|
| Acai, berries, apple juice, lime, mint, ice | .9 |
|---|----|

### BERRY SPLICE

|   |    |
|---|----|
| Mixed berries, coconut, apple juice, ice cream, ice | .9 |
|---|----|

### LIQUID BREKKY

|   |    |
|---|----|
| Toasted muesli, banana, yoghurt, honey, cinnamon, milk, ice | .9 |
|---|----|

### ACAI SMOOTHIE

|                           |    |
|---------------------------|----|
| Acai, banana, apple juice | .9 |
|---------------------------|----|

### ACAI BOWL

|  |    |
|--|----|
| Acai, banana, apple juice, toasted muesli, fresh strawberries and banana drizzled with honey | 14 |
|--|----|

### BOOSTERS

|  |      |
|--|------|
| Protein powder, immune booster, chia seeds | 2 ea |
|--|------|

See cabinets for wraps, sweets and snacks...

## MILKSHAKES / ICED DRINKS

|  |    |
|--|----|
| Caramel, banana, chocolate, vanilla, strawberry, iced coffee, iced chocolate, iced mocha | .8 |
|--|----|

## FRESH JUICES

### COOL WATERS

|                                  |    |
|----------------------------------|----|
| Mint, cucumber, pineapple, apple | .8 |
|----------------------------------|----|

### VEGGIE KICK

|   |    |
|---|----|
| Carrot, celery, apple, ginger, beetroot | .8 |
|---|----|

### IMMUNE BOOSTER

|  |    |
|--|----|
| Kale, spinach, ginger, apple, cucumber | .8 |
|--|----|

### OCEAN SPRAY

|                                  |    |
|----------------------------------|----|
| Orange, pineapple, ginger, lemon | .8 |
|----------------------------------|----|

### TROPICAL SUNRISE

|                                      |    |
|--------------------------------------|----|
| Apple, watermelon, orange, pineapple | .8 |
|--------------------------------------|----|

### WALRUS DELIGHT

|                                      |    |
|--------------------------------------|----|
| Pineapple, strawberry, apple, orange | .8 |
|--------------------------------------|----|

### MYO

|                             |    |
|-----------------------------|----|
| Mix it up and make your own | .8 |
|-----------------------------|----|

## COFFEE

|                                       |         |
|---------------------------------------|---------|
| Flat White                            | 4.5     |
| Latte                                 | 4.5     |
| Cappuccino                            | 4.5     |
| Long Black                            | 4.5     |
| Ristretto                             | .4      |
| Short Black                           | .4      |
| Hot Chocolate                         | 5.7     |
| Mocha                                 | 5.7     |
| Chai Latte                            | 4.7     |
| Affogato                              | 6.5     |
| Piccolo                               | .4      |
| Add: Soy, Coffee Shot, Syrup Flavours | .50c ea |

## LOOSE LEAF TEA

|                   |     |
|-------------------|-----|
| English Breakfast | 4.5 |
| Earl Grey         | 4.5 |
| Peppermint        | 4.5 |
| Chamomile         | 4.5 |
| Green             | 4.5 |