

## BEVERAGES

Mango and Ginger Ice Tea	5.90
Velvet Berry Ice Tea	5.90
Peach and Passionflower Ice Tea	5.90
Føijoa and Lime Blossom Ice Tea	5.90
Lemon and Mandarin Ice Tea	5.90
Nakula Organic Coconut Water	5.90
Water	4.0

## SMOOTHIES

### SUPER WALRUS

Honey, frozen banana, milk, chia seeds, cacao powder, yoghurt, cinnamon, ice	.9
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### WALRUS GREEN

Kale, acai, blueberries, apple juice, banana, ice	.9
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### RAW PROTEIN

Milk, almonds, frozen banana, yoghurt, protein powder, chia seeds, honey, ice	.9
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### ANTIOX

Acai, berries, apple juice, lime, mint, ice	.9
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### BERRY SPLICE

Mixed berries, coconut, apple juice, ice cream, ice	.9
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### LIQUID BREKKY

Toasted muesli, banana, yoghurt, honey, cinnamon, milk, ice	.9
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### ACAI SMOOTHIE

Acai, banana, apple juice	.9
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### ACAI BOWL

Acai, banana, apple juice, toasted muesli, fresh strawberries and banana drizzled with honey	14
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### BOOSTERS

Protein powder, immune booster, chia seeds	2 ea
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See cabinets for wraps, sweets and snacks...

## MILKSHAKES / ICED DRINKS

Caramel, banana, chocolate, vanilla, strawberry, iced coffee, iced chocolate, iced mocha	.8
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## FRESH JUICES

### COOL WATERS

Mint, cucumber, pineapple, apple	.8
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### VEGGIE KICK

Carrot, celery, apple, ginger, beetroot	.8
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### IMMUNE BOOSTER

Kale, spinach, ginger, apple, cucumber	.8
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### OCEAN SPRAY

Orange, pineapple, ginger, lemon	.8
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### TROPICAL SUNRISE

Apple, watermelon, orange, pineapple	.8
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### WALRUS DELIGHT

Pineapple, strawberry, apple, orange	.8
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### MYO

Mix it up and make your own	.8
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## COFFEE

Flat White	4.5
Latte	4.5
Cappuccino	4.5
Long Black	4.5
Ristretto	.4
Short Black	.4
Hot Chocolate	5.7
Mocha	5.7
Chai Latte	4.7
Affogato	6.5
Piccolo	.4
Add: Soy, Coffee Shot, Syrup Flavours	.50c ea

## LOOSE LEAF TEA

English Breakfast	4.5
Earl Grey	4.5
Peppermint	4.5
Chamomile	4.5
Green	4.5